SPT MAXX Team Placement Regulations

REMINDER: All placements are at the discretion of the staff of Shuffles Studio of Dance. Team placements will also depend on attendance and team chemistry, as well as behavior and attitude in previous classes. Team placements WILL NEVER depend on medical or pre-discussed personal issues.

MINI MAXX

<u>Ballet</u> –

- ALL 5 ballet positions with arms
- Chasse technique
- Pas de Bourree technique
- Arabesque
- Posse placement
- Bourree in first position

<u>Tap</u> –

- Shuffle
- Shuffle-hop
- Flaps
- Ball change
- Maxi four (no turn)
- Buffalo
- Cramp Roll
- Around the World

<u>Hip Hop</u> –

- Toe Touch
- Top Rock
- Heel Step
- Donkey Kick
- Poop Position (with bounce)
- Trunk Isolations

MIDDLE MAXX (THESE + ALL MINI MAXX REQUIREMENTS)

<u>Ballet</u> -

- Single Pirouette Technique
- Split (Right OR left)
- Grande Jete Technique
- Pique
- Chaine
- Changma (Jumps in 5th) POINTED TOES
- Arabesque with correct hip placement
- Bourree in 5th
- Glissade
- Correct hand placement
- Appropriate/prolonged use of Correct posture
- Echappe (4th and 2nd)

EVERYHING DONE WITH POINTED TOES

<u>Tap</u> –

- Time Steps (1,2, & 3)
- Buffalo (straight and turning)
- Maxi Four (Straight and Turning w/ hop)
- Shirly Temple
- Irish (left and right)
- Running Flaps
- Flap Ball Change
- Spank Ball Change

<u>Jazz</u> –

- Jazz Walks
- Jazz Pas de Bourree
- Single Pirouette in Jazz Posse
- Liberty on Right

<u>Hip Hop</u> –

- L-Stand
- Backward somersault
- Stall
- Top rock with hop
- Body roll (up & down)

ALL DONE WITH FLEXED ANKLES

<u>Lyrical</u> –

- Appropriate facial expressions
- Adequate in ballet requirements

Contemporary -

- All Parallel Positions
- Flat Back
- Pencil Turn Flexed Foot
- Chaine in Plie

MAXX (THESE + ALL MINI & MIDDLE MAXX REQUIREMENTS)

<u>Ballet</u> –

- Hold leg at 90 degrees for 1 eight-count
- Both Splits (30 seconds, no arms)
- Tour Jete and Tour Technique
- Sissonne/Glissade/Chasse Difference
- Double Pirouette on either leg
- Basic Fouetté turns (disconnected pieces)
- Soutenu Turns

<u>Tap</u> –

- Maxi Four with a pickup
- Running Shuffles
- Musicality/Counting appropriately
- Maxi Four no hop
- Turning Buffalo in a square
- Toe Stands
- Consecutive single pullbacks

<u> Hip Hop</u> –

- Any stunt outside of already given criteria of middle/mini
- Handstand roll down
- Proper 5 step

<u>Jazz</u> –

- Clean double pirouette turn in parallel posse
- Right and Left Fan Kicks
- Basic Needle with proper posture
- Front Leg Hold with Correct hand placement/posture
- Switch Leap (Right or Left... preferably both)
- Calypso
- Posture/Placement of arms
- Advanced Fouetté turns in second 90 degrees (full 8 count)

<u>Lyrical</u> –

- Floor Leap
- Catch Turn (Right and Left)
- Calypso
- All else at teacher discretion

<u>Contemporary</u> –

- Horton flat back
- Precision
- Interpretive improv (ideas given at audition)
- All else at teacher discretion